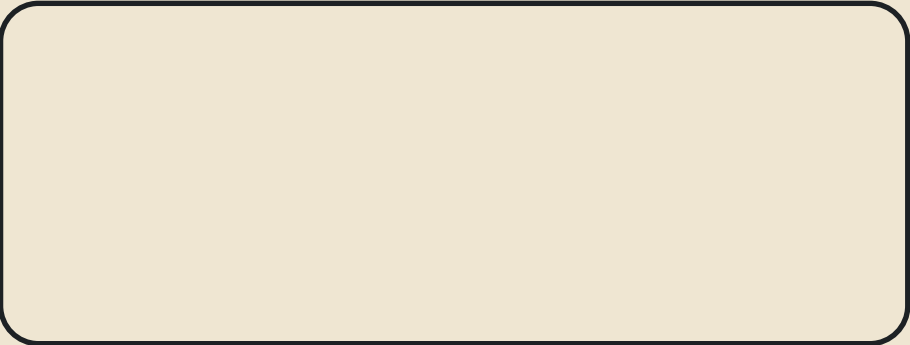


THIS WEEK'S SUGGESTIONS



QUESADILLAS

Choose between mango or pesto sauces

SURFIE WITH MOZZARELLA, SALMON, AVOCADO CREAM AND BASIL	13.50
BEMYSELF WITH MOZZARELLA AND TOMATO SAUCE	9.50
ALEGREME WITH MOZZARELLA, TOMATO SAUCE, BACON AND SCRAMBLED EGG	12.00
VEGAN WITH VEGAN CHEESE AND TOMATO SAUCE / EXTRA FETA	10.00 /12.50
TUNA WITH MOZZARELLA, TOMATO SAUCE AND OLIVES	12.00
CHICKEN WITH MOZZARELLA, JALAPENO SAUCE, ONION AND RED BELL PEPPER	12.50

PLATES AND BOWLS

Extras (+ 1.50€): dulce de leche, salted caramel, pistachio cream, hazelnut cream, nutella, condensed milk

SWEET POTATO WITH SCRAMBLED EGG, SALAD AND AVOCADO / SALMON	13.50 / 14.50
VEGAN SWEET POTATO WITH SALAD AND AVOCADO CHUNKS / EXTRA FETA	13.50 / 15.50
SALMON BOWL WITH POACHED EGG, SALAD, AVOCATO AND PESTO SAUCE	14.50
SMALL YOGURT BOWL WITH FRUIT AND GRANOLA / VEGAN	5.00 / 5.50
YOGURT BOWL WITH FRUIT AND GRANOLA / VEGAN	8.00 / 8.50
PAPAYA WITH NATURAL YOGURT, FRUIT AND GRANOLA / VEGAN	10.00 / 10.50
AÇAÍ BOWL WITH NATURAL YOGURT, FRUIT AND GRANOLA / VEGAN	9.00 / 9.50
AÇAÍ BOWL WITH DRAGON FRUIT, NATURAL YOGURT, FRUIT AND GRANOLA / VEGAN	9.00 / 9.50
FROZEN BOWL VEGAN AÇAÍ AND DRAGON FRUIT, FRUITS AND GRANOLA	10.00
FRENCH TOAST WITH FRUIT, RED FRUIT JAM AND HONEY	8.50

TOASTS

You can replace it with gluten-free bread (+ 0.50€). Not suitable for coeliacs due to cross-contamination

HALF TOAST WITH BUTTER	2.50
TOAST WITH BUTTER	3.50
TOAST WITH SCRAMBLED EGG	6.00
SMILE WITH SCRAMBLED EGG, BACON, SALAD AND HONEY	8.00
ALEGREME WITH AVOCADO CREAM, POACHED EGG, SALAD AND HONEY OR PESTO	8.50
VEGAN WITH AVOCADO, BANANA AND PEANUT / ALMOND BUTTER	9.00 / 10.50
SALMON WITH SCRAMBLED EGG AND HONEY OR PESTO	12.00

OUR GLUTEN-FREE PRODUCTS ARE NOT SUITABLE FOR COELIACS DUE TO POSSIBILITY OF CROSS-CONTAMINATION. IF YOU HAVE ANY QUESTIONS, FEEL FREE TO TALK TO US.

ALEGREME

BRUNCH

19.50

- YOGURT WITH GRANOLA, FRUIT AND HONEY.
- TOAST WITH FRIED, POACHED OR SCRAMBLED EGG AND ONE OF THE OPTIONS: BACON AND HONEY OR AVOCADO AND PESTO OR SALMON (+ 3.00€).
- PANCAKES WITH FRUIT AND HONEY, MAPLE SYRUP, FRUIT JAM OR DULCE DE LECHE.
- DRINK: FRESH JUICE OF THE DAY / LATTE / TEA / AMERICAN COFFEE / CAPPUCCINO AND COFFEE.

MINI BRUNCH

14.00

- YOGURT WITH GRANOLA, FRUIT AND HONEY.
- TOAST WITH AN EGG OF YOUR CHOICE: POACHED, SCRAMBLED OR FRIED.
- SIMPLE PANCAKES WITH FRUIT AND FRUIT JAM, DULCE DE LECHE OR HONEY.
- DRINK: FRESH JUICE OF THE DAY.

VEGAN BRUNCH

20.00

- VEGAN YOGURT WITH GRANOLA, FRUIT AND MAPLE SYRUP.
- TOAST WITH PEANUT / ALMOND BUTTER (+€1.00), AVOCADO AND FRUIT.
- VEGAN PANCAKES.
- DRINK: FRESH JUICE OF THE DAY / AMERICAN COFFEE / LATTE OR CAPPUCCINO.

HOW ABOUT AN EXTRA?

EXTRAS: BACON (2.00€), SALMON (4.00€), AVOCADO (3.00€), BREAD (1.50€), EGG (1.50€).

BRUNCH EXTRAS: VEGAN YOGURT (0.50€), LARGE JUICE (1.00€ ONLY FOR MINI BRUNCH), ORANGE JUICE (0.50€), GLUTEN-FREE (0.50€).



PANCAKES

Options with ice cream: vanilla flavor  
Extras (+ 1.50€): nutella, hazelnut cream, pistachio, salted caramel or pistachio cream with kadayif (+ 2.50€)

SIMPLE WITH HONEY, DULCE DE LECHE, MAPLE SYRUP, JAM OR CINNAMON	5.00
SIMPLE WITH PISTACHIO CREAM AND KADAYIF FROM DUBAI	7.00
FOREST WITH RED FRUITS, ICE CREAM, JAM AND HONEY	8.00
BANOFFEE WITH DULCE DE LECHE, BANANA, VANILLA ICE CREAM AND COCOA	8.00
PROTEÍCA WITH FRUIT, GREEK YOGURT, PROTEIN COCOA AND MAPLE SYRUP	9.00
SURFIE WITH FRUIT, SPEKULATIUS AND MAPLE SYRUP	8.00
VEGAN WITH JAM OR SPEKULATIUS, GRANOLA, RED FRUITS AND BANANA	8.50
SALTED WITH BUTTER, MAPLE SYRUP OR HONEY, FRIED EGG AND BACON	9.50

CREPES

Options with ice cream: vanilla flavor  
Extras (+ 1.50€): nutella, hazelnut cream, pistachio, salted caramel or pistachio cream with kadayif (+ 2.50€)

SIMPLE WITH COCONUT SUGAR AND CINNAMON POWDER	5.50
NAPOLI WITH GREEK YOGURT, FRUIT AND TOASTED GRANOLA	8.00
GENOVA WITH A SCOOP OF ICE CREAM, FRUIT AND COCOA CREAM	8.50
AMAZONIA WITH AÇAÍ, RED FRUITS, JAM AND COCONUT	9.00

BUILD YOUR PANCAKE!

MENU 2

8.00

2 PANCAKES  
1 FRUIT + 2 TOPPINGS + 1 DRINK

MENU 3

9.00

3 PANCAKES  
1 FRUIT + 2 TOPPINGS + 1 DRINK

1. CHOOSE ONE TYPE OF FRUIT

BANANA / BLUEBERRY / RASPBERRY / KIWI / MANGO / SEASONAL FRUIT

2. CHOOSE UP TO TWO TOPPINGS

NUTELLA / ALMOND BUTTER / PEANUT BUTTER / SPECULOOS BUTTER / GRANOLA / YOGURT  
CAROB SYRUP / CARAMEL / SALTED CARAMEL / JAM / PISTACHIO CREAM / HAZELNUT CREAM  
DULCE DE LECHE / HONEY / MAPLE SYRUP / PISTACHIO CREAM WITH KADAYIF (+1.50€)

3. FINISH WITH YOUR FAVORITE DRINK

CAPPUCCINO / LATTE / GOLDEN MILK / AMERICAN COFFEE / ESPRESSO ABATANADO

OTHER OPTIONS:

FRESH JUICE OF THE DAY (+ 1.00€) / ORANGE JUICE (+ 1.50€) / FLAVOURED LATTE (+ 1.50€)  
SMOOTHIE (+ 3.00€) / MILKSHAKE (+ 3.00€)

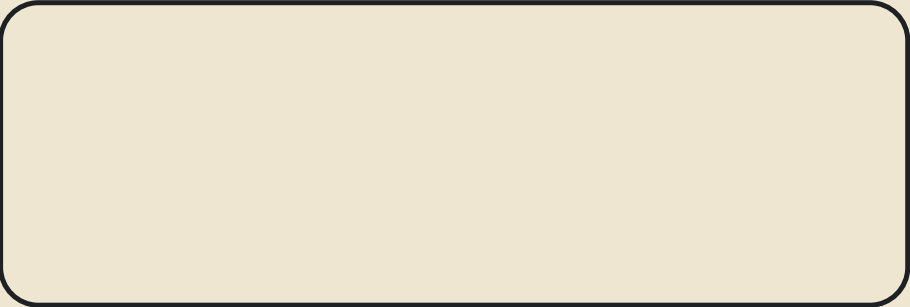
OUR MENU IS MADE WITH ORGANIC AND FRESH INGREDIENTS, AVAILABLE IN OUR BULK GROCERY STORE AND ONLINE AT ALEGRE-ME.PT



COFFEE		TEA	
Extras: decaf (0.10€), vegetable milk (0.50€)		Check all the options with our staff	
ESPRESSO / DOUBLE	1.00 / 1.80	SUNSHINE WAKE-UP	2.50
ABATANADO	1.60	DAYLIGHT DETOX	3.00
AMERICAN COFFEE	1.60	SUNSET RELAX	2.50
LATTE	2.60		
MEIA DE LEITE	1.60		
GLASS OF MILK	1.90		

FRESH JUICES	
OF THE DAY SMALL / LARGE	2.00 / 3.00
ORANGE SMALL / LARGE	2.50 / 3.50
TROPICAL PINEAPPLE, PAPAYA AND MANGO	4.50
GREEN DETOX PINEAPPLE, LEMON, GINGER AND MINT	4.50

THIS WEEK'S SUGGESTIONS



BEER		BY THE GLASS	
SUPER BOCK MINI 25CL	1.50	VALE BARRIS RED / WHITE	2.50
SUPER BOCK MÉDIA 33CL	2.00	RESERVA PREMIUM RED / WHITE	4.50
SUPER BOCK STOUT 33CL	2.00	DOC HORÁCIO SIMÕES MOSCATEL	3.90
MURMÚRIO CRAFTED 33CL	4.00		
SOMERSBY 20CL	1.70		

COCKTAILS		SOFT DRINKS	
MIMOSA	4.50	COCA-COLA ZERO LATA 0.33L	1.90
APEROL SPRITZ	6.50		

WATER	
EDEN SPRING WATER 50CL	1.40
EDEN SPRING WATER 1L	2.00
BOTTLED WATER 50CL	1.50

WE USE ONLY SLOW-FERMENTED SOURDOUGH BREAD AND FRESH, DAILY INGREDIENTS.



ALEGREME

NEW MILKSHAKES  
WITH A CHEF'S TOUCH!

YES, WE HAVE MILKSHAKES. AND YES, THEY'RE AMAZING!  
CHECK OUR SECTION AND BE AMAZED WITH CHEF INÊS'S LATEST CREATIONS.

CLASSICS	
Extras: decaf (0.10€), vegetable milk (0.50€)	
CAPPUCCINO	2.60
CARAMEL LATTE	3.50
CHOCOLATE LATTE	3.50
HOT CACAU	4.50
GOLDEN MILK	3.00

ICED CLASSICS	
Extras: decaf (0.10€), vegetable milk (0.50€)	
(ICED) COFFEE WITH MILK AND CREAM	3.20
(ICED) CARAMEL LATTE	3.50
(ICED) CHOCOLATE LATTE	3.50
(ICED) AFFOGATO	4.00

NUTELLA	5.00
ALEGREME	5.00
STRAWBERRY	5.00
SPECULOOS	5.00
PEANUT BUTTER	5.00
STRAWBERRY AND VANILLA ICE CREAM	5.50

SMOOTHIES	
RED WITH RED FRUITS, BANANA, PINEAPPLE AND VEGETABLE MILK	4.50
GREEN WITH AVOCADO, APPLE, PINEAPPLE AND VEGETABLE MILK	4.50
SMILE WITH SUPERFOOD MIX, BANANA, OATS AND VEGETABLE MILK	5.00
SURFIE WITH BANANA, AÇAÍ, OATS, SUPERFOOD MIX AND VEGETABLE MILK	5.00
ALEGREME WITH BANANA, RASPBERRY, OATS, SUPERFOOD MIX AND VEGETABLE MILK	5.00
NUTTY WITH PEANUT BUTTER, BANANA, COCOA, DATES AND COCONUT MILK	5.50
HEALTHY WITH SPINACH, OATS, APPLE, LIME, SPIRULINA, MACA, BANANA, MINT AND VEGETABLE MILK	5.50

MAKE YOUR DAY SWEETER	
BROWNIE SIMPLE	1.60
BROWNIE WITH ICE CREAM TOPPING	3.60
GLUTEN-FREE NUT CAKE WITH COCOA	3.50
SCONE WITH BLUEBERRY FILLING	1.50
DATE WITH PEANUT BUTTER	1.50
CUPCAKE VEGAN	1.50

EVERYTHING IS PREPARED IN THE MOMENT WITH LOVE AND ATTENTION TO DETAIL, SO YOU CAN HAVE THE BEST EXPERIENCE. COME WITH TIME AND ENJOY!